



## **REOPENING OF THE GYMNASIUM DURING NRP PHASE 2**

Dear Members,

In line with the latest provisions of Phase 2 of the National Recovery Plan, the General Committee has approved the reopening of the gymnasium from **Wednesday, 22<sup>nd</sup> September 2021**, subject to compliance to the SOPs provided.

**Gymnasium - 8am to 9pm (Monday to Sunday)**

### **SOP**

- Maximum of 15 members in the gymnasium on first in first out basis (maximum one hour per member).
- It is compulsory to bring your own towel.
- Please sanitise equipment/bench, weights and dumbbells after use and place gym bags on the cabinets provided.
- Ensure distancing of 1-3 metres at all times.
- Members are strictly not allowed to use the shower facilities.

Only those who are fully vaccinated as per MKN criteria will be allowed to use the gymnasium.

Unvaccinated family members below 17 years are not allowed to use any sports facilities until further notice.

**The General Committee**